

SERVICES AND RATES





WELLNESS GALERY

Daily from
9 am to 9 pm

Telephone
+49 35603 18850

All time indications are approximate values only and may vary slightly. The length of stay will be extended by the net application time of the individual wellness treatments.

Please note that our wellness treatments are not suitable for persons under the age of 16.

MASSAGES

BACK MASSAGE		20 min	28 €
FULL BODY MASSAGE		50 min	66 €
ANTI-STRESS MASSAGE (spine massage according to the Breuss method)		30 min	41 €
AROMA OIL MASSAGE (gentle effleurage)	back and legs	30 min	39 €
	full body	40 min	52 €
"MYDLO SKOTKA" wet massage		20 min	28 €
LATHER MASSAGE		20 min	28 €
HOT HERBAL STAMPS MASSAGE	back and legs	30 min	49 €
	full body	40 min	74 €
Vaporized stamp massage with a selection of fresh herbs, nourishes the skin and stimulates the blood circulation			
FOOT REFLEX ZONE TREATMENT WITH FOOTBATH		30 min	41 €
MANUAL LYMPHATIC DRAINAGE		50 min	67 €
stimulates the lymphatic system in face and abdomen, or optionally in arms and legs			
FULL BODY PEELING		20 min	25 €
RE-MOISTURIZING with Spreewald style body oil		10 min	15 €

Valid from 26.11.2018. All prices are in EUR and include the required value-added tax. All data, products and prices subject to change.



SPECIAL MESSAGES

"SPREEWALD MASSAGE"		45 min	59 €
Full body massage with Spreewald style massage oil made of linseed oil and herbs from the Spreewald			
"LINEN WEAVER MASSAGE"		40 min	59 €
Powerfull circulation-promoting back massage, consisting of:	salt and oil peeling	10 min	
	massage with honey	10 min	
	massage with St. John's wort oil	20 min	
"SOPLE A ZYMNE" massage with hot stones			
Treatment of back and legs with hot stones		30 min	49 €
Full body treatment with hot stones including face treatment with hot and cold stones		60 min	89 €
"FERRYMAN'S MASSAGE"		90 min	127 €
Energetic full body massage with special herbal oils, including a facial treatment with head and face massage			
"SPREEWALD CYCLIST MASSAGE"		50 min	69 €
Activating „stamp" massage on legs in combination with ice and refreshing herbal oils, including a stimulating shoulder-neck massage			
"SPREEWALD DREAMS" face, head and neck massage		30 min	42 €
Gentle massage techniques applied to face, head and neck in combination with precious oils, opening your mind to the beautiful things in life			
AROMATHERAPY CANDLE MASSAGE			
The combination of warmth, massage and scent provides an unique sensory experience. The warm skin-care wax with coconut oil and other valuable ingredients moisturizes and revitalizes the skin		30 min	43 €
		50 min	70 €
"KRABAT MASSAGE"		40 min	59 €
Cleansing treatment and relaxation ritual with alternating cold and hot affusions, consisting of a gentle peeling, a relaxing massage and a pleasant head massage with shampoo			



WELLNESS FOR ME

"LUTKI" balm for the soul		77 €
Back massage	20 min	
Evening primrose oil pack in a soft pack	20 min	
Including a 4 hour ticket for brine bath and sauna garden		
"ALL IS IN FLOW" perfect getaway-from-it-all break		93 €
Brine pack in a floating waterbed	20 min	
"Mydlo Skotka" soap brush massage	20 min	
Re-moisturizing with Spreewald style body oil	10 min	
Including a day ticket for brine bath and sauna garden		
"SPREEWALD DAY" naturally beautiful from head to toe		140 €
Full body peeling	20 min	
Spreewald algae pack in a floating waterbed	20 min	
Nurturing facial treatment	25 min	
Gentle foot massage	25 min	
Including a day ticket for brine bath and sauna garden		
"CANALS, PUSCH AND MEADOWS" herbal program		116 €
Full body peeling	20 min	
Spreewald algae and herbal bath in a wooden Spreewald boat incl. a glass of sparkling wine or a vitamin-drink	25 min	
Anti-stress massage with St. John's wort oil	30 min	
Including a day ticket for brine bath and sauna garden		
"SPREEWALD BEAUTY DAY" reconnect with yourself		156 €
Full body peeling	20 min	
Brine pack in a floating waterbed	20 min	
Aroma oil massage	40 min	
Facial care treatment	25 min	
Including a day ticket for brine bath and sauna garden		



WELLNESS FOR TWO

"SPREEWALD HARMONY"		220 €
Anti-stress massage with St. John's wort oil	30 min	
Spreewald algae pack in a floating waterbed	20 min	
Re-moisturizing with Spreewald style body oil	10 min	
Including a day ticket for brine bath and sauna garden		
"SPREEWALD ROMANCE"		266 €
Spreewald algae and herbal bath in a wooden Spreewald boat, including a glass of sparkling wine or a vitamin drink	25 min	
Spreewald algae pack in a floating waterbed	20 min	
Spreewald style massage with linseed oil and Spreewald herbs	45 min	
Including a day ticket for brine bath and sauna garden		
"SPREEWALD IDYLL"		248 €
Spreewald algae and herbal bath in a wooden, includes a glass of sparkling wine or a vitamin drink	25 min	
Spreewald style massage with linseed oil and Spreewald herbs	45 min	
3-course menu in the Therme restaurant		
Including a day ticket for brine bath and sauna garden		

PACKS

APPLICATIONS IN A FLOATING WATERBED		
Spreewald algae pack	20 min	35 €
Evening primrose oil pack	20 min	31 €
Back pack with moor pillows	20 min	27 €
Brine pack	20 min	29 €
Season's special pack	20 min	31 €

BATHS

BATHS IN A WOODEN SPREEWALD BOAT, each including a glass of sparkling wine or a vitamin drink			
Spreewald algae and herbal bath	one person	25 min	32 €
Beauty bath (oil, milk, honey)	two persons	25 min	46 €
Season's special bath	one person	25 min	38 €
Beer bath	two persons	25 min	52 €



COSMETICS

BEAUTY TREATMENT LIGHT		50 min	
Cleansing treatment with cleanser, peeling, treatment of skin blemishes, eyebrow correction, facial pack, final treatment	without special mask (peel-off mask)		54 €
	with special mask (peel-off mask)		56 €
BEAUTY TREATMENT		60 min	
Cleansing treatment with cleanser, peeling, treatment of skin blemishes, eyebrow correction, facial massage, facial pack, final treatment, hand pack with paraffin wax	without ampoule or collagen fleece		68 €
	with ampoule or collagen fleece		76 €
COSMETIC TREATMENT FOR HIM		60 min	
Cleansing treatment with cleanser, peeling, treatment of skin blemishes, eyebrow correction, facial and neck massage, facial pack, final treatment	without ampoule or collagen fleece		67 €
	with ampoule or collagen fleece		75 €
EXCLUSIVE TREATMENT		90 min	99 €
Cleansing treatment, peeling, treatment of skin blemishes, skin toning, eyebrow correction including eyelash and eyebrow tinting, hand or foot massage with paraffin wax; face, head and neck massage, collagen fleece, eye treatment and final treatment, incl. a glass of sparkling wine			
ALOE VERA FACIAL TREATMENT with collagen fleece		30 min	36 €
Cleansing treatment with cleansing milk and peeling, Aloe Vera soaked collagen fleece and pure Aloe Vera gel, regenerates and moisturizes			
FACIAL MASSAGE WITH CLEANSING TREATMENT		30 min	36 €
Cleansing treatment with cleansing milk and peeling, skin toning, facial massage with facial pack, final treatment			
PEDICURE			
Footbath, nail trimming, cuticle removing, small foot massage	without nail polish	40 min	47 €
	with nail polish	50 min	59 €
MANICURE			
Handbath, nail trimming, cuticle removing, hand massage with paraffin wax	without nail polish	40 min	47 €
	with nail polish	50 min	59 €
SPECIALY FOR THE EYES (only in conjunction with the BEAUTY TREATMENT, 60 min)			
Eyebrow tinting			8 €
Eyelash tinting			8 €



FITNESSPANORAMA

Monday to Friday
9 am to 9:30 pm

Sat, Sun, on holidays
9 am to 5 pm

Telephone
+49 35603 1885-33

Our concept of support comprised professional training analysis. The diversity of offers depends on your goals and on your individual training schedule. Various courses are at your disposal: Aqua-fitness, Nordic Walking, Healthy Back, Yoga, and many more.

MEMBERSHIP

	MONTHS	STANDARD RATE monthly	EARLY BIRD RATE 9 AM – 4 PM* monthly
BASIC fitness & courses	6	65 €	56 €
	12	55 €	48 €
	24	45 €	39 €
CLASSIC fitness & courses 1 x 3h thermal spa/week	6	85 €	76 €
	12	75 €	68 €
	24	65 €	59 €
PREMIUM fitness & courses 2 x 3h thermal spa/week	6	98 €	88 €
	12	88 €	78 €
	24	78 €	68 €
NOON RATE* fitness & courses 11 am to 3 pm	12	30 €	—
STUDENT RATE fitness & courses	12	39 €	—

* 17 Euro additional charge if checkout occurs outside these times.

All rates are fixed plus semi-annually supervision charge of 19 Euro.

The service includes an initial test: heart and blood circulation test, back check, establishing a training plan, training supervision, repeated test every 6 months, adaptation of the training plan, administration fee.

FITNESS DAY CARD Fitness & Training	per day	17 €
FITNESS DAY CARD Fitness & Training inc. brine bath and sauna garden	per day	35 €
PERSONAL TRAINING (APPOINTMENT REQUIRED, INCL. A DRINK AND A TOWEL)	90 min	69 €



BRINE BATH AND SAUNA GARDEN

Daily from 9 am to 10 pm
 Fridays until midnight
 24.12. to 4 pm
 31.12. to 8 pm

The Spreewald Therme has 6 bathing pools with up to 38 degrees Celsius, a warm-outdoor pool with a flow channel and 7 saunas, that invite you to linger. A steam bath and a brine inhalation in a gherkin barrel complete the offering.

ADMISSION FEES

	STANDARD RATE include brine bath	COMBINED RATE include brine bath & sauna garden	CHILD RATE 0-9 years, 50% reduction include brine bath
2 HOURS	14,00 €	19,00 €	7,00 €
3 HOURS	18,00 €	23,00 €	9,00 €
4 HOURS	22,00 €	27,00 €	11,00 €
DAY TICKET	26,00 €	31,00 €	13,00 €
ADDITIONAL CHARGE	per 15 minutes or part thereof		1,00 €
DISCOUNT RATE	each Tue/Thu/Sun from 7 pm (except on holidays) pay 2 hours - relax 3 hours		

Groups of 10 or more people and owners of a 100 Euro Bonus Card receive a 15% reduction on the standard rate and combined rate.

Owners of a Bonus Card Premium receive a 20% reduction on the standard rate and combined rate.

These reductions do not apply in combination with other special offers.

Handicapped persons with a "B" in their handicapped ID are given free admission for their assistant.

GIFT CERTIFICATES

On site
 Daily from
 10 am to 6 pm

Telephone: +49 35603 18850
 Email: onlineshop@spreewald-therme.de
 Webshop: spreewaldtherme-shop.de



SPREEWALD THERME GmbH
 Ringchaussee 152 | 03096 Burg (Spreewald)
spreewald-therme.de